



**Release of Liability and Assumption of Risk for Participation in Sports Clubs**

**Notice:** By signing this agreement you give up your right to bring legal action or recover compensation or obtain any other remedy for any injury to yourself or your property or for your death however caused arising out of your participation in the \_\_\_\_\_ **Sports Club at the University of Central Florida**, now or anytime in the future.

- 1. In consideration of my participation in the \_\_\_\_\_ sport club, a registered student organization (herein referred to as ACTIVITY), for which ACTIVITY the facilities and equipment of the University of Central Florida Recreation and Wellness Center (herein referred to as RWC) will be used, I hereby **RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS** for any and all purposes RWC, The UNIVERSITY OF CENTRAL FLORIDA BOARD OF TRUSTEES, the STATE OF FLORIDA and the FLORIDA BOARD OF GOVERNORS and their respective officers, servants, agents, volunteers, or employees (herein collectively referred to as RELEASEES) **FROM ANY AND ALL LIABILITIES, RESPONSIBILITIES, CLAIMS, DEMANDS, CAUSES OF ACTION OR INJURY, INCLUDING DEATH**, that may be sustained by me while participating in such ACTIVITY, or while on the premises owned or controlled by RELEASEES. I acknowledge that ACTIVITY may be physically strenuous. I know of no medical reason why I should not participate, or any medical condition which would put me at a greater risk of injury and/or death.
- 2. I am fully aware that there are inherent risks involved with ACTIVITY, including but not limited to possible physical injury and loss of life and I choose to voluntarily participate in said ACTIVITY with full knowledge that said ACTIVITY may be hazardous to me and my property. I **VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH**, that may be sustained by me as a result of participating in said ACTIVITY, whether supervised or unsupervised. I further agree to indemnify and hold harmless the RELEASEES for any loss, liability, judgment, settlement, damage or costs, including court costs and attorney's fees for both the trial and appellate levels that may occur as a result of my participation in said ACTIVITY.
- 3. I acknowledge that it is strongly recommended I consult a physician and/or have a physical exam prior to participation and I am responsible for doing so on my own. I understand that RELEASEES do not maintain any insurance policy covering any circumstance arising from my participation in this ACTIVITY or any event related to that participation. As such, I am aware that I should review my personal insurance coverage.
- 4. I hereby certify that I am at least 18 years of age and am legally competent to sign this release form. If I am under the age of 18, I have had legal parent/ guardian sign this agreement, along with myself. It is my express intent that this release shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be governed by the laws of the State of Florida.
- 5. I hereby represent that I have read this release form in its entirety and understand all of the terms and conditions it contains and understand that I am giving up substantial rights by signing it, and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements apart from this release form have been made. I execute this document for full, adequate and complete consideration fully intending to be bound by the same, now and in the future.

**SIGNED** this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_ **Parent or Legal Guardian:** (If Participant is under 18 years of age.)

**Printed Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **WITNESS Printed Name:** \_\_\_\_\_

**PID #:** \_\_\_\_\_ **WITNESS Signature:** \_\_\_\_\_

**Participation in Sports Clubs is completely voluntary. Individuals participate at their own risk and assume responsibility for their own health and safety. The University of Central Florida and the Recreation and Wellness Center are not liable for injuries sustained during participation in a Sports Club activity. It is strongly recommended that all participants consult a physician and/or have a physical exam prior to participation. The University of Central Florida does not provide personal accident/health insurance. Therefore, participants are urged to secure their own insurance. You may suffer physical and/or mental injury from participating in these activities.**